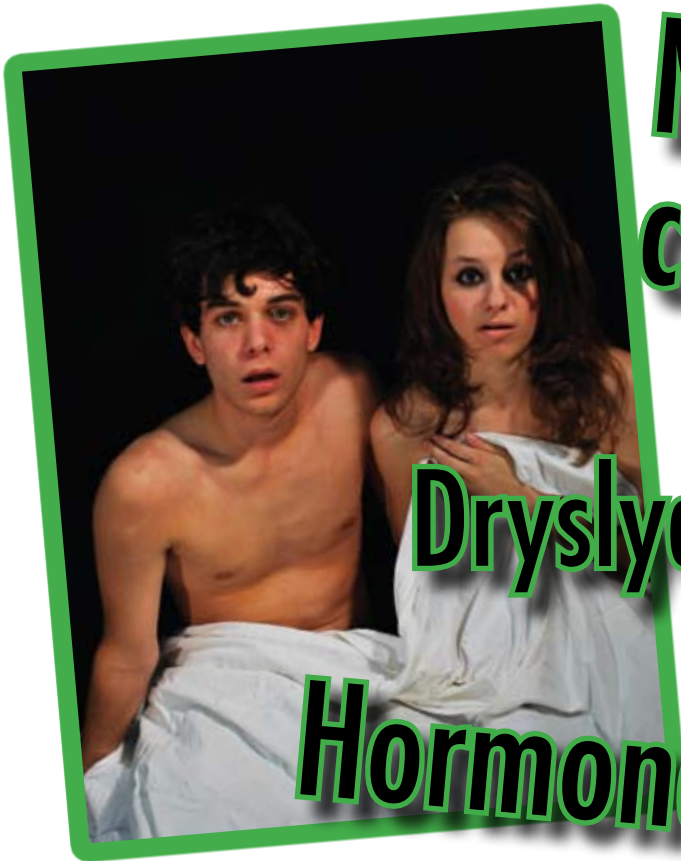


**Newidiadau
corfforol**



Dryslyd

Hormonau gwyllt!



TEIMLADAU RHYWLIOL

Priodas a pharch?



**Merched! Bechgyn!
Chwant?**



**'Llawenha yng ngwraig
dy ieuentid... bydded
i'w bronau dy foddhau
bob amser.'
(Diar. 5:18-19)**